

Dr. Nini Mai, DACM, L.Ac.

- Extensive experience working collaboratively with allied medical care providers in integrative hospital settings
- In private practice since 2009 serving communities in Los Angeles and New York City
- A student for life and avid seeker of truth, she spent years behind the bench and in the field as a research scientist in endocrinology and studied the use of plants as medicines on four different continents

Nini Mai, DACM, LAc is a Doctor of Acupuncture and Chinese Medicine and the Clinic Director of Evolve Health + Wellness in New York City. Her specialties of practice are Pregnancy and Pediatrics, Autoimmune disorders including Endocrine disorders and Dermatology, and chronic intractable diseases. As faculty at the Pacific College of Oriental Medicine in New York, she lectures on the Diagnosis and Treatment of Disease in Psychology, Cardiology, and Immunology, and regularly lectures to the general public on all matters of Chinese Medicine, Acupuncture, Herbs, and Eastern Nutrition. She is passionate about helping new mothers find a way to get their groove back, and about all things food.

Work Experience

2015-Present	Evolve Health + Wellness, New York, NY Founder, President, Clinic Director <i>Family Practice</i>
2008-2014	Fat Turtle Herb Company, Los Angeles, CA Founder, President, Herbalist <i>Chinese Herbal Pharmacy</i>
2010-2013	Three Mountain Eastern Medical Group, Los Angeles, CA Founder, President, Clinic Director <i>Family Practice</i>
2010-2013	Promises Treatment Centers, Malibu, CA Program Development, Acupuncturist <i>Chinese Medicine for Substance Abuse Rehabilitation</i>
2009-2010	Golden Needle Wellness, Los Angeles, CA <i>Family Practice</i>
2009	IVF Acupuncture Services, Inc., Los Angeles, CA Acupuncturist

Education

2016	Doctor of Acupuncture and Chinese Medicine - Candidate Pacific College of Oriental Medicine, San Diego
2007-2009	Master of Science in Traditional Chinese Medicine Yo San University of Traditional Chinese Medicine, Los Angeles <i>Graduated with Highest Honors</i> <i>Academic Dean's List</i>
2005-2007	Candidate for Master of Science in Traditional Oriental Medicine Pacific College of Oriental Medicine, New York
2000-2004	Bachelor of Arts in Integrative Biology University of California, Berkeley

Licensure

2009	California Acupuncture Board License # 13365
2013	New York State Board License #005245

Certifications

2017-Present	The Institute for Functional Medicine Certification - Candidate
2017	Jing Shen Pediatrics Certification Jing Shen Pediatrics, Dr. Stephen Cowan, New York, NY
2013	NCCAOM Certification Diplomate of Acupuncture Diplomate of Chinese Herbology Diplomate of Oriental Medicine
2012-2013	Shang Han Lun Certification Institute of Classics in East Asian Medicine, San Diego, CA
2009-2013	Zheng Gu Tui Na Practitioner Certification

Zheng Gu Tui Na, New York, NY

Clinical Practice and Experience

2015-Present	Evolve Health + Wellness, New York, NY Clinic Director Acupuncturist, Herbalist, Functional Medicine Practitioner
2016	Dahl Otolaryngology Center/Dahlfull Breastfeeding Center Observation
2010-2013	Three Mountain Eastern Medical Group, Los Angeles, CA Clinic Director Acupuncturist, Herbalist
2010-2013	Promises Treatment Centers, Malibu, CA Program Development, Acupuncturist Chinese Medicine for Substance Abuse Rehabilitation
2009-2010	Golden Needle Wellness, Los Angeles, CA Acupuncturist, Herbalist
2011	Beijing Hospital of Traditional Chinese Medicine, Beijing, China Outpatient Acupuncture Ward Observation
2008-2009	Children's Hospital Los Angeles, Los Angeles, CA Pediatric Acupuncture Program Intern, 2008 Acupuncturist, 2009
2008-2009	Being Alive – People With HIV/AIDS Action Coalition, West Hollywood, CA Intern
2008	Simms/Mann Wellness Center - Venice Family Clinic, Los Angeles, CA Intern
2006-2007	Saint Vincent's Comprehensive Cancer Center, New York, NY Intern
2007	Fortune Society, New York, NY Intern

2006 Saint John's Riverside Hospital, Yonkers, NY
Intern

2000-2001 Suitcase Clinic, Berkeley, CA
Medical Case Worker

Teaching and Mentorship

2016-Present Pacific College of Oriental Medicine, New York
Faculty: Diagnosis and Treatment of Disease – Psychology, Cardiology, Immunology

2010-2015 Zheng Gu Tui Na, New York, NY
Certified Assistant and Level 1 Instructor

2010-2011 Yo San University of Traditional Chinese Medicine, Los Angeles
Instructor: Needle Technique

2007 Pacific College of Oriental Medicine, New York, NY
Teaching Assistant: Foundations of Chinese Medicine - Classics

2003-2005 University of California, Berkeley, CA
Female Sexuality
DE-Cal Facilitator, Curriculum Development

2004 University of California, Berkeley, CA
Beyond the Doctor's Office: Interdisciplinary Perspectives on Health
DE-Cal Facilitator, Curriculum Development, Guest Lecturer

2004 Southeast Asian Student Coalition (SASC) Summer Institute, University of California, Berkeley, CA
Annual Program Coordinator, Mentor

2003-2004 Student Tutorial Resources for Immigrant Vietnamese Enhancement (S.T.R.I.V.E.), Oakland, CA
Mentor

Scholarships and Grants

- 2003 Howard Hughes Medical Institute
Biology Fellows Program
Fellowship Scholarship Recipient
- 2004 University of California, Berkeley, CA
Grant recipient for independent research in French Polynesia

Research and Scholarly Activities

- 2001-2005 Laboratory of Integrative Studies
University of California, Berkeley
Professor: Tyrone Hayes, PhD
Position: Study Director
Investigated effects of endocrine disruptors on vertebrate endocrine systems
- 2004 Gump Field Research Station, UC Berkeley
Mo'orea, French Polynesia
Position: Researcher

Publications, Abstracts and Poster Presentations

T. B. Hayes, P. Case, S. Chui, D. Chung, C. Haefele, K. Haston, M. Lee, V-P Mai, Y. Marjoua, J. Parker, and M. Tsui (2006) Pesticide mixtures, endocrine disruption, and amphibian declines: Are we underestimating the impact? *Environmental Health Perspectives*. 114 Suppl 1:40-50.114 (Suppl. 1), pp 40-50. doi: [10.1289/ehp.8051](https://doi.org/10.1289/ehp.8051)

Mai, V-P, The Effects of Environment on the Developmental Morphology of *Caulerpa racemosa* in Mo'orea, French Polynesia. *Biology and Geomorphology of Tropical Islands* - Undergraduate Research Papers Publication, University of California, Berkeley, CA, December 2004.

Mai, V-P, *Effects of Atrazine on the Growth and Development of the Thyroid Gland in Xenopus Laevis* Biology Fellows Program Undergraduate Research Symposium University of California, Berkeley, CA.
Poster Presentation: 2002.

Professional Activities

2010-Present	<p>Global Alternative Healthcare Project (GAHP) Senior Clinician and Team Leader <i>Free medical care to communities in Navajo Nation (Arizona), Wyoming, Nepal, Vietnam</i></p>
2006-Present	<p>Ethnic Minorities Outreach, Viet Nam <i>Non-profit organization providing resources and public works to impoverished villages in Viet Nam.</i></p>
December 2016	<p>Benefit for Refugees Evolve Health + Wellness, New York Director and Acupuncturist <i>Donation-based community acupuncture clinic, all proceeds to NuDay Syria funding women and children affected by war and migration</i></p>
May 2015	<p>Disaster Relief for Nepal Evolve Health + Wellness, New York Director and Acupuncturist <i>Donation-based community acupuncture clinic, all proceeds to fund the remote village of Ghiling, Nepal</i></p>
2010-2013	<p>Community Classes at Whole Foods Market, Los Angeles Class Development and Lecturer Subjects: Eastern Nutrition, Eating with the Seasons, Cooking with Medicinal Herbs</p>
November 2012	<p>Community Health Day YWCA, Santa Monica Director and Acupuncturist <i>Donation-based community acupuncture clinic, all proceeds to fund the YWCA, Santa Monica</i></p>
November 2011	<p>Community Health Day Three Mountain Eastern Medical Group, Los Angeles Director and Acupuncturist <i>Donation-based community acupuncture clinic, all proceeds to fund the Neighborhood Youth Association</i></p>
May 2011	<p>Mayway Hebei, Anguo, Hebei, China Invited Participant <i>Educational Tour and Lecture series on Chinese herb production, manufacture, and distribution</i></p>

March 2011 Southwest Symposium, Austin, Texas
Representative of Fat Turtle Herb Company

November 2010 Survivor Wellness Day
Joyful Heart Foundation/Peace Over Violence, Los Angeles
Acupuncture treatments for survivors of domestic violence

2009-2010 Jenesse Acupuncture Project
Jenesse Center, South Los Angeles, CA
Program Developer and Acupuncturist
Free medical care as part of domestic violence intervention program

Presentations and Speaking Engagements:

June 2005 United Nations: World Environment Day, San Francisco, California
Master of Ceremony and Discussion Moderator
Youth & Diversity in Environmental Activism

December 2004 Biology and Geomorphology of Tropical Islands Symposium
University of California, Berkeley
Invited Speaker: *The Effects of Environment on the Developmental Morphology of Caulerpa racemosa in Mo'orea, French Polynesia*

Spring 2003 Western Regional Conference in Comparative Endocrinology, Boulder, Colorado
Invited Speaker: *Inhibition of Metamorphosis by Pesticide Mixtures and the Consequences of Extended Larval Periods in Rana pipiens*

Media:

Summer 2003 National Geographic Documentary, Hayes Laboratory
University of California, Berkeley and Midwestern US
Film: *Strange Days on Planet Earth: Troubled Waters*