

CLINICAL PRACTICE

2015-present EVOLVE HEALTH + WELLNESS, New York, NY
2004 – present GLOBAL ALTERNATIVE HEALTHCARE PROJECT (GAHP)
Co-Founder, Director of Programs and Research Development,
Senior Clinician, Team Leader
Nepal (2008 – present)
Bali (2008 – present)
Navajo Nation (2008 – present)
Jackson Hole, WY (2009 – present)
Vietnam (2012 – present)
SOHO HERBS & ACUPUNCTURE, New York, NY

EDUCATION

Pacific College of Oriental Medicine, New York, NY
Masters in Traditional Oriental Medicine
Brown University, Providence, RI

LICENSURE AND CERTIFICATIONS

LICENSCECD ACUPUNCTURIST
State of New York, Lic # 003223

NCCAOM Board Certified

TEACHING EXPERIENCE

CERTIFIED SENIOR INSTRUCTOR
Zheng Gu Tui Na, New York, NY
ADJUNCT INSTRUCTOR
Tri State College of Acupuncture, New York, NY
Tui Na, Chinese Medical Massage
2015-present INSTRUCTOR
Evolve Health + Wellness, New York, NY
Qi Gong and ???
2002-2008 HEAD INSTRUCTOR & EXECUTIVE DIRECTOR
Hand To Hand Kajukenbo Self Defense Center, Oakland, CA
2002-present HEAD INSTRUCTOR of INTERNAL ARTS

2006 Hand To Hand Kajukenbo Self Defense Center, Oakland, CA
 FACULTY
 Mills College, P.E. Department, Oakland, CA
 Karate class

2000-2002 INSTRUCTOR
 Excelsior Health Club, New York, NY
 Tai Chi

1997 – 2000 CO-FOUNDER/INSTRUCTOR,
 Training Circle, New York, NY & Oakland, CA
 Practice space dedicated to cross-training and openness of methodology.
 Kajukenbo Kung Fu, Shaolin and Wushu

1996 FACULTY
 Andrew College, Cuthbert GA
 Taught P.E. class in martial arts

1992 – 2000 INSTRUCTOR
 Destiny Arts Center, Oakland CA
 Kajukenbo and Wushu for Teen Club (ages 11-18) in

1992 - 2000 INSTRUCTOR,
 Hand to Hand Kajukenbo Self Defense Center, Oakland, CA
 Kajukenbo Kung Fu

NATIONAL TRAINING CONFERENCE INSTRUCTOR

2002, 06, 08-10, 12-14 INSTRUCTOR National Women’s Martial Arts Federation Annual Training
 2002, 07, 10, 12 INSTRUCTOR Pacific Association Women’s Martial Arts Annual Training
 2008, 12-14 INSTRUCTOR Association of Women Martial Arts Instructors Conference
 2010 FIRST AID COORDINATOR Pacific Assn of Women’s Martial Artists

CONFLICT RESOLUTION / SELF DEFENSE EXPERIENCE

2002 – present DIRECTOR, Hand To Hand Self Defense Center, Oakland CA
 Develop and instruct self defense workshops for various clients for women and girls.

1998 ASSOCIATE INSTRUCTOR, RUCKUS Self Defense, NYC
 Helped create and instruct a series of classes for the LGBT community in New York City with RUCKUS.

1995 - 1997 DIRECTOR, Destiny Arts Center Youth Leadership Training Program
 Program trains youth to be peer teachers of anti-violence, conflict resolution and self defense

1995 CO-FOUNDER, Coalition of Women Anti-Violence Instructors
 National coalition of self defense instructors formed as a delegation to the ‘95 NGO Forum paralleling the United Nations Fourth Conference on Women in Beijing.

TRAINING EXPERIENCE

1982 AIKIDO: Brown Aikido Club
 1983 - Present TAI CHI: Sifus Lam Lim Wong, Alex Feng, Fukui Yang, Ren Guang Yi, Su Zi Fang
 1983 - 86 TAI MANITS KUNG FU: Sifu Lam Lim Wong
 1986 WUSHU: Beijing Sports Academy
 1986 - Present SHAOLIN KUNG FU:
 1986-88 Shifu Chen Shui Shan, Chinese Martial Arts Training Center, Taiwan
 1997-present Shifus Zhang Li Peng, Shi Heng Xin, Shi Guo Lin, Shi Yan Ming
 1991 - Present KAJUKENBO: Professor Coleen Gragen, Professor Barbara Bones Hand to Hand Kajukenbo Self Defense Center
 1997 - 2000 TAI CHI, XING YI, BA GUA, WUSHU: Shifu Fukui Yang
 1997 - 2000 SILAT SENI GAYONG AMERICA: Chekgu Sulaiman Shariff
 1996 – 2000 KALI: Lakan Guro Akko Nishimura
 2001 – Present SHING YI : Frank Butler, James Montalbano
 2001 – Present QI GONG: Tom Bisio, Frank Butler
 2005 – Present BA GUA: Tang Shou Tao Assn., Shifu Su Zi Fang

RESEARCH AND ABSTRACTS

Taromina, K, Travaglione, M, **Resnick, J**, Goodwin, F, Butler, F. *Delivering Chinese Medicine to Populations in the Developing World*
 Oral Presentation: American Association of Acupuncture and Oriental Medicine (AAAOM) Conference, Baltimore, MD, 2011

CERTIFICATES AND AWARDS

1995 FIRST DEGREE BLACK BELT, Kajukenbo Association of America (KAA)
 2007 FIFTH DEGREE BLACK BELT, KAA
 2007 CHIEF INSTRUCTOR, Professor Barbara Bones, KAA

Gold and Silver Medalist Brown Belt Division, Gay Games, NYC	1994
Gold and Silver Medalist Guoshu National Martial Arts Tournament	1999
Gold Medalist USAKWF International Martial Arts Tournament	1999, 2000
Nominated Competitor of the Year, National Guoshu Federation	2000
Gold and Silver Medalist Black Belt Division, Gay Games, Australia	2002

